

UOC PEDIA

Monthly Insights



INSIDE

Game Connect Athlete briefing

The 2nd Sharing Olympism Forum

ASMC-Chapter 6

Athletes' workshop

Flag-off Ceremony-ANOCA Zone V

ANOCA Zone V- YOG

IBA Mbaye Scholarship

Federation's Corner

AUGUST 2026: Issue 8

GAME CONNECT ATHLETE WELFARE AND SAFE SPORT AWARENESS

A two-day Game Connect session was held from 10th–11th August 2026 at the Uganda Olympic Committee (UOC) Head Offices in Lugogo, focusing on athlete welfare, safe sport, safeguarding and anti-doping.

The session was held as part of the Game Connect Project and brought together athletes and project officials, including three refugee athletes who were preparing to represent Uganda at the ANOCA Zone V Youth Games in Kenya from 24–28 August 2026 and the Dakar 2026 Youth Olympic Games in Senegal from 31 October to 13 November 2026.

The session provided athletes with practical knowledge on athlete welfare, safeguarding, safe sport and anti-doping, while creating an opportunity for them to engage with project officials on issues affecting their wellbeing and participation in sport.

The initiative aimed to equip athletes with the knowledge and support needed to participate in safe, respectful and clean sporting environments, while strengthening athlete-centered development through the Game Connect Project.



Members that participated in the awareness briefing.

THE 2ND SHARING OLYMPIISM FORUM

Melvin Tayebwa, Peace Nyafwono, Claire Nyapendi, Trevor Bossa Mutegeki and Jeremiah Daniel Atwiine, represented Uganda at the 2nd Sharing Olympism Forum, which was held from 13th –16th August 2026 in Maseru, Lesotho.

The forum brought together young participants from different countries to promote Olympic education, cultural exchange and the values of Olympism through learning, dialogue and shared experiences.

Uganda's participation followed the successful hosting of the inaugural Sharing Olympism Forum in 2024 at Kabojja International School, where young participants from Uganda, Kenya, Lesotho and the Game Connect Refugee Team came together to explore Olympic values and strengthen cultural connections.

The forum provided the five Ugandan representatives with an opportunity to learn, share experiences and engage with young people from across the region, while promoting the principles of friendship, respect and excellence that underpin Olympism



The participants and the officials during the Flag-off.

ASMC- CHAPTER 6

The Advanced Sport Management Course (ASMC) continued towards its conclusion as both the Women’s Class and General Class successfully completed Chapter 6: Organizing a Major Sports Event.

Under the guidance of Dr. Eddy Butindo and Madam Beatrice Ayikoru, participants explored the key aspects of managing a major sports event, including deciding whether to organize an event, establishing legal and functional structures, planning and delivering events, managing human resources, and ensuring appropriate amenities, sites and spaces were available.

The chapter provided participants with practical knowledge on the different stages involved in successfully organizing and managing major sporting events, strengthening their understanding of effective event planning and delivery.

The completion of Chapter 6 marked another important step towards the conclusion of the ASMC, equipping participants with skills and knowledge relevant to professional sports management and the successful delivery of sporting events.



A pair during a presentation

ATHLETES’ WORKSHOP

The National Athletes Workshop was held from 21st –22nd August 2026 at Nob View Hotel, Ntinda, under the theme “Empowering Athletes Beyond Competition.”

The workshop was officially opened by Dr. Donald Rukare, President of Commonwealth Sport and President of the Uganda Olympic Committee (UOC) and brought together athletes representing all 34 National Sports Federations.

The workshop provided a platform for athletes to engage on issues beyond sporting performance, with a focus on athlete development, welfare, career growth and preparing for life beyond competition.

The initiative aimed to equip athletes with the knowledge, skills and support needed to build sustainable careers and make informed decisions both within and beyond sport.



Participants with Dr. Donald Rukare and the commission members.

ANOCA ZONE V FLAG OFF

Team Uganda athletes heading to the ANOCA Zone V Games in Nairobi, Kenya, were officially flagged off on 22 August 2026 ahead of the competition scheduled for 25–27 August 2026.

The flag-off brought together Team Uganda athletes and officials as they prepared to represent Uganda at the regional games.

As part of the preparations, UOC/CGA President Dr. Donald Rukare and UOC/CGA Nutrition Professor and Director General of BIRDC, Rev. Prof. Florence Muranga Isabirye, handed over highly nutritious Tooke products to the team.

The nutritional support was aimed at contributing to the athletes' wellbeing and ensuring they were adequately supported as they travelled to compete on the regional stage.



Team Uganda with Dr. Donald Rukare with Rev. Prof. Florence Muranga.

ANOCA Zone V Youth OLYMPIC Games

Team Uganda returned home from the second edition of the ANOCA Zone V Youth Games in Kenya with 23 medals, finishing second overall behind hosts Kenya, who won 51 medals.

More than 100 young athletes competed across seven disciplines, with Uganda winning medals in every discipline except cycling.

Swimming led Uganda's medal contribution with nine medals, while athletics also produced several strong performances, including gold medals for Tracy Nabunya in the women's 200m and Daniel Ogenrwot in the men's 400m.

Uganda also excelled in tennis, judo and team sports, with Samuel Okello winning the boys' singles tennis title and silver medals secured in boys' beach volleyball and girls' 3x3 basketball.

The performance provided Uganda's young athletes with valuable international experience and strengthened their preparation towards the Dakar 2026 Youth Olympic Games.



Volleyball athletes, an official and Dr. Donald Rukare after a game.

IBA MBAYE SCHOLARSHIP PROGRAM 2026 PROGRESSED AT OLYMPAFRICA CENTER AT BUSIA

The IBA Mbaye Scholarship Programme 2026 was underway at Olympafrica Busia, bringing together young participants as part of an initiative focused on supporting education and youth development.

The program provided beneficiaries with an opportunity to access educational support and engage in activities aimed at nurturing their skills and personal development.

The initiative highlighted the continued efforts to empower young people through education, creating opportunities that contribute to their growth and future development.



Participants after the program.

FEDERATION'S CORNER ROWING

Uganda Rowing provided technical leadership and delivered the rowing competitions at the 2026 Buganda Royal Regatta Finals, held at Bunjako Beach in Mpigi District.

As part of the program, Uganda Rowing partnered with The North Green School (TNGS) to host the Uganda Rowing Beach Sprint Invitational, which brought together athletes from active rowing clubs.

Elijah Namunyu of Maroons Aqua Sports Club won the race in 2:32.31, setting a personal best, while Joshua Masola of Kampala Rowing Club finished second and Derrick Muhindo, also of Kampala Rowing Club, placed third.

The event attracted more than 2,000 spectators, marking the largest domestic audience for rowing in Uganda to date and providing a strong platform for the sport's continued growth and visibility.



Katikkiro of Buganda, Charles Peter Mayiga awarded the outstanding athletes.

BADMINTON

Uganda was represented at the Lagos International Classics 2026, which was held from 26–29 August in Lagos, Nigeria.

The Ugandan delegation comprised Nsubuga Reagan, Nalumansi Kruthum, Naluwooza Tracy, Mbabazi Gladys, Fadilah Shamika and Lubega Muzafaru.

The competition provided Uganda's athletes with an opportunity to test themselves against international opposition, gain valuable competitive experience and showcase their talent on the international stage.



Athletes during their travel back to Uganda

Uganda's Lubega Muzafaru and Mbabazi Gladys secured a bronze medal in the Mixed Doubles event at the Lagos International Classics 2026 in Lagos, Nigeria.

The pair delivered a strong performance to finish on the podium, earning a valuable medal for Team Uganda at the international badminton competition.



Mbabazi Gladys and Lubega Muzafaru

WRESTLING



Team Uganda after the Championships

Uganda received two silver medals at the Senior & U17 Wrestling Championships, with Aloto Marisha and Katongole Godfrey delivering strong performances in their respective U17 categories.

Aloto Marisha secured silver in the U17 53kg category, while Katongole Godfrey earned silver in the U17 65kg category.

Their podium finishes highlighted the determination and growing potential of Uganda's young wrestlers, while contributing to the country's medal tally at the championships.

ATHLETICS



Peruth Chemutai

Uganda's Peruth Chemutai won bronze in the women's 3000m steeplechase at Scotstoun Stadium, clocking 9:09.96.

Kenya's Faith Cherotich claimed gold in a Games record of 9:01.76, while England's Elise Thorner secured silver in 9:05.45.

Chemutai's podium finish added to Uganda's medal tally and highlighted her continued strong performance on the international stage.

Uganda Olympic Committee |
Commonwealth Games Uganda
Plot 2-10 Hesketh bell Road, Lugogo
sports complex

Facebook:

facebook.com/ugandaolympic.com

LinkedIn: Uganda Olympic Committee

Instagram: Official UOC

YouTube: @UgandaOlympicCommittee

X: official UOC

Email: uoc@nocuganda.org

Tel: +256 200 960293

Website: www.nocuganda.org

© 2025 – Uganda Olympic Committee