



UOC PEDIA

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ANTI-DOPING EDUCATORS TRAINING

The Anti-Doping Educators Training was officially opened on 22nd January 2026 by the Uganda Olympic Committee/Commonwealth Games Uganda (UOC/CGU) Medical Commission to strengthen anti-doping education and promote clean sport. The training equipped participants with essential knowledge and skills to raise awareness on ethical sporting practices and the dangers of doping. Emphasis was placed on the importance of collective responsibility in the fight against doping, with participants encouraged to commit to upholding integrity in sport and supporting a doping-free world.



During the training

FINANCE TRAINING SESSION FOR MEMBER FEDERATIONS

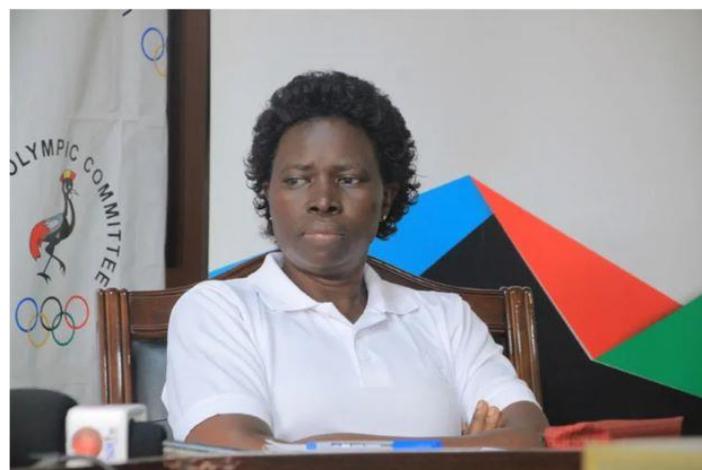
A finance training session for heads of member federations, accountants, and treasury officers was conducted on 24th January 2026 at the Uganda Olympic Committee Offices in Lugogo. The session focused on strengthening financial management practices across all member federations and associations through guided discussions and capacity-building engagements. Emphasis was placed on enhancing compliance with financial reporting standards and improving accountability. The training aimed to support effective stewardship of resources in line with the expectations of the Olympic Movement and other public financing requirements.



NFs members who attended

MADAM BEATRICE AYIKORU APPOINTED TECHNICAL DELEGATE FOR WORLD CROSS COUNTRY CHAMPIONSHIPS IN USA

Uganda Athletics General Secretary Beatrice Ayikoru was appointed as the Technical Delegate for the 46th edition of the World Athletics Cross Country Championships, which were set to take place in Tallahassee, Florida, USA. The appointment, made by World Athletics, placed her in the highest technical position at the championships. She assumed the role after years of service on the Technical Commission for both the World Cross Country Championships and the World Athletics Championships. As Technical Delegate, she oversaw all technical preparations including course layout, timing systems, and event operations ensuring full compliance with World Athletics Technical Rules. This appointment marked a major milestone in her officiating career and highlighted Uganda's growing influence in global athletics administration.



Madam Beatrice Ayikoru

NEW YEAR PRESS CONFERENCE HELD

A New Year press conference was held on 13th January 2026 at the UOC/CGU headquarters in Lugogo, chaired by the Uganda Olympic Committee and Commonwealth Games President, Dr. Donald Rukare, and attended by EXCOM members. The conference reviewed the organization’s achievements and milestones from 2025, which was described as a remarkable year. Appreciation was extended to athletes, coaches, and officials for their dedication, resilience, and contribution to the success of the organization, while setting the tone for continued progress in the year ahead.



Dr. Donald Rukare during the press conference

DR. DONALD RUKARE MET BIRDC DIRECTOR GENERAL ON ATHLETE NUTRITION

Dr. Donald Rukare held an engaging meeting with Prof. Muranga, Director General of the Banana Industrial Research and Development Center (BIRDC), on 28th January 2026 to explore opportunities in athlete nutrition. The meeting highlighted BIRDC’s highly nutritious and healthy products under the Tooke Brand, with discussions focusing on how these products could support athlete performance and

The engagement aimed to strengthen local partnerships and enhance nutrition solutions that fuel Uganda’s athletes.



After the meeting

THREE-YEAR STRATEGY TO POPULARIZE TEAM UGANDA LAUNCHED

A three-year strategy to popularize Team Uganda ahead of the LA2028 Olympic Games was jointly developed and officially launched on 28th January 2026, alongside a partnership with renowned Uganda-born, California-based musician Sava Karim Nsubuga. Through this collaboration, Sava was appointed as the official ambassador and will leverage his platforms to promote Uganda’s talented athletes locally and internationally. The initiative aimed to increase visibility, national pride, and public engagement as the countdown to LA2028 continues.



During the signing of the partnership

WADA AND NADO BOARD PAID COURTESY VISIT TO UOC/CGU

A team from the World Anti-Doping Agency (WADA) Head Office and Africa Office, together with the National Anti-Doping Organization (NADO) Board of Uganda, paid a courtesy visit to the Uganda Olympic Committee/Commonwealth Games Uganda (UOC/CGU) on 30th January 2026 to strengthen collaboration on anti-doping efforts. During the visit, UOC provided an overview of Uganda's National Anti-Doping Programme, highlighting the country's doping landscape, governing frameworks, anti-doping education capacity, and testing capacity. The engagement aimed to support coordination among stakeholders and the ongoing transition to the newly established National Anti-Doping Organization, reinforcing Uganda's commitment to clean sport.



A picture after the visit

UOC/CGU CONGRATULATED DR. DONALD RUKARE ON COMMONWEALTH SPORT PRESIDENCY

The Uganda Olympic Committee/Commonwealth Games Uganda (UOC/CGU) Executive Committee and Secretariat congratulated Dr. Donald Rukare on his election as President of Commonwealth Sport on 30th January 2026. The congratulatory engagement recognized his outstanding leadership and contribution to sport development, highlighting the significance of his election for Uganda and the wider Commonwealth sporting community. The moment underscored UOC/CGU's commitment to supporting strong leadership and advancing the values of sport at both national and international levels.



During the congratulatory engagement

EYES ON DAKAR 2026 FOR WUSHU YOUNGSTERS

Uganda wushu-kung-fu federation has sent three athletes to Ismailia, Egypt to participate in a closed training camp and qualification event for the Dakar 2026 Youth Olympic Games. The team includes Robert Kizito, Haytham Lubega and Nahia Nayiga. The training camp is organized by the Egyptian Wushu - Kung-fu federation in collaboration with the Olympic Solidarity and the International Wushu federation. The camp will run from 1st to 8th February 2026 before the African Wushu championship starts on 9th to 14th to decide qualification to the Dakar 2026 Youth Olympics.



Wushu - Kung-fu team

UGANDA ATHLETICS

Uganda's World Cross country championship team returned from the United States of America. The championship at which Uganda won seven medals was hosted at the Apalachee Regional Park in Tallahassee Florida. The Ugandan medals were by Jacob Kiplimo who won the senior men gold for a third consecutive time, Joy Cheptoyek got a senior women silver and Charity Cherop returned with a junior women bronze medal. The other medals were from the team events of senior men and women bronze; junior boys silver while the junior women won a rare gold medal. On top of the medals, the athletes also won themselves hefty cash prizes that augur well with the notion of sport as a worthy career. At the world cross country championship, Uganda was represented by 26 athletes(22 of whom were part of whom the medals) in four genres(including mixed relay) highlighted by the senior men race won by Jacob Kiplimo.



Jacob Kiplimo

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