



UGANDA OLYMPIC COMMITTEE (UOC)

ANNUAL REPORT 2015

UOC ASSOCIATE PARTNERS



Federal Republic of Germany



INTERNATIONAL
OLYMPIC
COMMITTEE



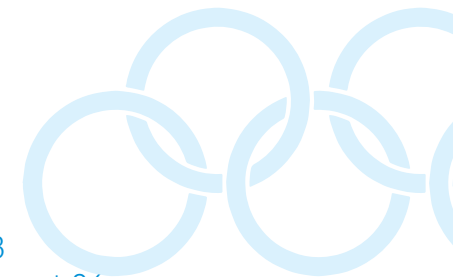
GEMS Cambridge
International
School
KAMPALA



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List of Acronyms

ANOA - Association of National Olympic Committees of Africa | **ANOC** - Association of National Olympic Committees
ASMC - Advanced Sports Management Course | **IOC** - International Olympic Committee | **NF** - National Federation
MEMOS - Executive Masters in Sports Management | **OS** - Olympic Solidarity | **SAC** - Sports Administrators Course
UOC - Uganda Olympic Committee | **ICECP** - International Coaching Enrichment Certificate Programme

The President's Word



It is with great pleasure that we present our 2015 annual report. We have made some significant strides that will forever define and redefine our NOC. With the help of the International Olympic Committee we formulated our strategic plan together with our (23) twenty three member federations to become a more effective and efficient Olympic Sports Organisation.

All our **commissions** registered a record number of activities across the country with more than 30,000 young participants. The Sport for All commission and Culture, Legacy and education commission outperformed all commissions being the most innovative and active in 2015. I must commend the women in sport, medical and Environment commissions for doing some

great ground breaking initiatives that greatly promoted Olympic values.

Our capacity building initiatives have enabled us to strengthen and develop Ugandan sports administration. In August we successfully held our first graduation ceremony with 117 sports administrators from more than 25 federations, Uganda Police force, Special Forces, Uganda prisons, Uganda people's defense forces and the national council of sports. Having successfully conducted upcountry courses for the first time in Gulu University and Mbale University we achieved our goal of taking our capacity building initiatives to the people.

On the high performance front we have fully utilized the continental and solidarity grants. In addition we embarked on a conditioning and sports medical program. Uganda to date has zero tolerance on drug abuse and usage. I am proud to announce that we have had no positive drug tests and we will continue with the heavy athlete sensitization programs. Uganda has so far qualified 8 athletes for RIO 2016 and target 25 (an improvement from 16 from London 2012)

The NOC managed to create strategic partnerships:

The **Uganda Police Force** gave us land in Naguru and unique access to the police facility. For the first time we are a

step closer to accomplishing our dream of a national OLYMPIC high performance center. General Kale Kayihura initiated our memorandum of understanding that will bring back the great sporting days of the 70s when Uganda excelled in sports.

The **UNAIDS** partnership has paved the way for greater sensitization of HIV in sport and the first ever translation of the IOC HIV and Aids manual in our local languages laying down firm plans for a nationwide campaign in 2016. This also opened up doors for a possible **UNHCR** partnership that will see us run Olympic programs in internally displaced camps.

The **Sheraton Kampala Hotel** partnership has enabled us to offer our stakeholders world class service and services while attending Olympic programs. Our elite athletes have been given access to the gym for their conditioning and power training.

The **Aga Khan Hospital** has been instrumental in all our medical outreach programs and excellent medical care to our elite athletes. On the same front we partnered with **Sugar Cubes Uganda** in a fun run event to bring more awareness of non-communicable diseases in particular diabetes.

The **Scouts Association** has for the first time partnered with a sports organisation to have sports as part of its activities.

Sport was incorporated in its celebrations (100 years Jamboree) and will be recognized as part of one of the activity badges.

Gems Cambridge international school has been a key program implementer of our commission activities. With their world class indoor sports facility they currently host the Uganda Fencing Federation and also hosted the women's national netball team that finished 8th overall in the 2015 Netball World Cup.

My sincere gratitude goes to the Federal Republic of Germany and DOSB (German Olympic Committee) for all their technical assistance. We received an underwater therapeutic unit, capacity building programs and sports scholarships to the University of Leipzig and the University of Cologne. This partnership has helped the NOC to enhance its capacity.

I would like thank all the NOC stakeholders, UOC executive and the UOC secretariat for all the hard work in 2015. We have indeed made some significant progress for our country!!

Fredrick William Blick
President

Secretary General's Message



As we usher in 2016, we look back at 2015 with a degree of satisfaction at what we have been able to achieve as Uganda Olympic Committee. This annual report lays out the key activities we have managed to undertake in line with the 2015 calendar. The crowning achievement of 2015 was no doubt the finalization of the UOC strategic plan 2016-2020. The strategic plan will be our guiding beacon as we plan for the years ahead.

Our members continued in 2015 to carry out various sporting activities and the commissions remained vibrant as outlined in the report. We participated in the Commonwealth Youth Games 2015 in Samoa and our team turned in excellent results winning 3 medals in athletics. The Uganda Swimming Federation hosted the inaugural CANA Zone 3 swimming championships with five countries taking part. Uganda emerged the overall winner of this epic event.

Deepening and enhancing the skills and knowledge of our sporting administrators remains one of our key areas of focus. During 2015 we were able to hold three sports administrators courses (SAC) and the second Advanced Sports

Management Course. In a bid to increase our scope and coverage, one of the SAC programs was held in Eastern Uganda and in 2016 we hope to hold other courses in Western Uganda.

An effective and efficient secretariat is essential to ensure a functional; Uganda Olympic Committee. To this end we have embarked on a restructuring process that aims at putting in place the requisite systems, policies and structures to ensure that we are positioned to deliver in the modern sports era.

The main constraints encountered in 2015 included the ever persistent inadequate government support for most of our affiliates still persists. Lack of sporting facilities remains a key hindrance to our member's ability to run their activities.

We can say that as UOC we have been able to achieve most of what we set out to do in our 2015 calendar notwithstanding the hurdles faced. We would like to register our appreciation for the support received from all our member affiliates, the government of Uganda, National Council of Sports, Ministry of Education, Sports, Science and Technology and the International Olympic

Committee. We remain optimistic that 2016 will be an even better sporting year for us especially with the Rio 2016 Olympic Games in August

Dr. Donald Rukare
Secretary General

Executive Summary

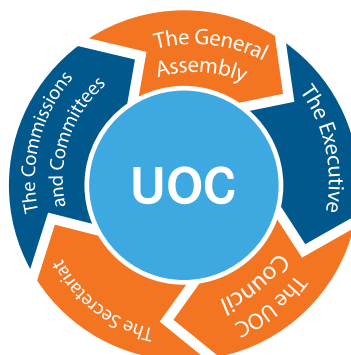
The 2015 annual report provides a comprehensive account of the key activities undertaken, major milestones achieved, challenges faced and the planned activities for 2016.

The report outlines the of the activities of the UOC which include, the operations of the UOC secretariat, update on programs under the Olympic Solidarity program, interaction with member national federations/associations, collaboration linkages with strategic partners, international appointments, participation in international and regional conferences, preparation for various international games, anti-doping and strategic planning for the UOC. One of the key achievements in 2015 which is reflected in the report is the finalization of the long awaited UOC strategic Plan 2016-2020.

The report concludes by looking ahead to 2016 which is going to see team Uganda take part in the Rio 2016 Olympic Games together with the major World Championships for most Olympic Sport codes. The UOC executive committee going forward in 2016 will continue to strive for excellence and ensuring that the best interests of the athletes remains central to our mission.

The Uganda Olympic Committee at a glance:

The Ugandan Olympic Committee ("the UOC") is the National Olympic Committee recognized by the IOC pursuant to the Olympic Charter. Its membership is comprised of 20 affiliated members as indicated in annex 1. The principle organs of the UOC:



Mission

The mission of the UOC is, "To act as an agent of the International Olympic Committee and Commonwealth Games Federation in Uganda to uphold and promote Olympic and Commonwealth ideals to its affiliates and stakeholders by providing support, guiding policy and delivering programmes through its organs and structures."



Vision

"To be the best sports governing body in Africa through championing excellence in governance, service delivery, sustainability and sport performance by 2024."



The Core values

- Integrity
- Transparency
- Professionalism
- Accountability
- Respect
- Equity



Strategic Priorities/Objectives

In fulfillment of our mandate the UOC is guided by its constitution, IOC charter, IOC 2020 Agenda IOC quadrennial plan 2013-2016 and its strategic plan.

The key strategic objectives guiding the programming and implementation of the UOC programmes and whose results and effects, this report highlighted are:

Strategic objective 1: Governance

Strategic objective 2: Athlete Development

Strategic objective 3: Capacity Building

Strategic objective 4: Organizational Sustainability

Strategic objective 5: Promoting Olympic Values

Strategic objective 6: Hosting International Sporting Events

Introduction

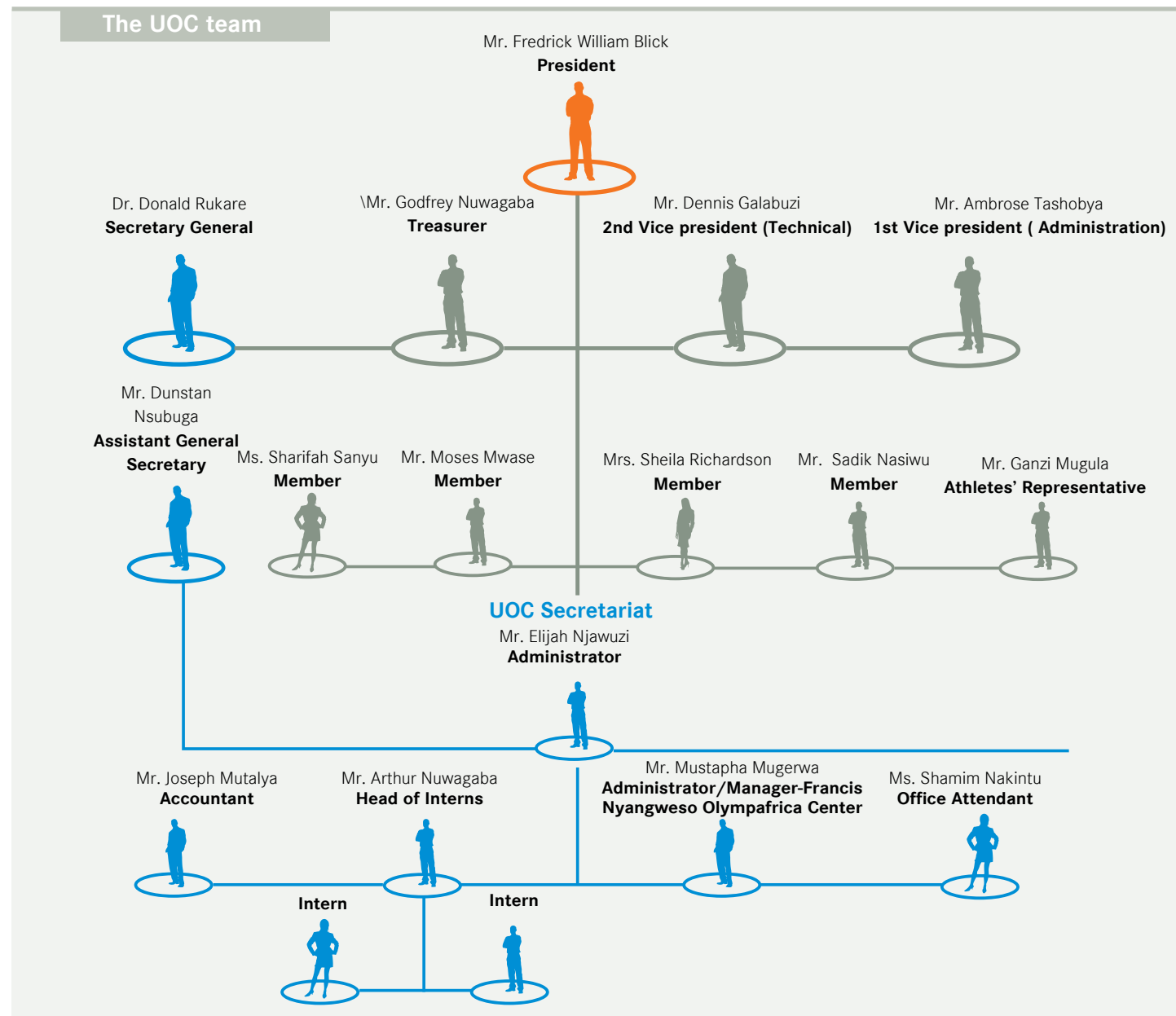
2 015 was a vibrant year for the Uganda Olympic Committee with several national, regional and international activities participated in. This report therefore highlights the key achievements, milestones in 2015 together with the challenges met. The activities of the UOC have been run by the key organs shown in the pictogram.

1. UOC 2014 GENERAL ASSEMBLY

The UOC 2014 Annual General Assembly (AGM) was held on 28th February 2015 at the UOC offices. The AGM which was attended by the 20 affiliate members discussed and approved the 2014 annual report, the 2014 financial report and audit, 2015 budget and annual calendar.

2. UOC COUNCIL MEETINGS

During the year the planned four council meetings were held and these continue to be vital forums for information sharing between the UOC and its members.



3. MEMBERSHIP

The UOC membership stands at twenty (20) full member associations/ federations and 2 associates. A full list of the UOC membership is attached as annex A.

4. UOC SECRETARIAT

A. Secretariat operations

The secretariat remained operational and weekly meetings continued to be held. A consultant has been commissioned to develop a strategic plan for the UOC and its finalization is expected early 2015.

B. Olympic Solidarity 2013-2016 applications

The following applications have been made to Olympic Solidarity (OS) as of December 2015. These include;

UOC APPLICATIONS 2015		
Category	Description	Status
Administrative and NOC Management	Administrative Subsidy	Pending
	NOC Activities	Pending
	NOC restructuring	Closed
	Development of a Strategic plan	Closed
Commissions		
Culture & Education	Olympic Values Literacy Initiative (Olympic Schools Debate)	Closed
	International Olympic Academy Sessions for Directors and Young Participants	Closed
	National Scouts Jamboree	Closed
Sport for All	Fitness Week 2015	Closed
	Olympic Day 2015	Closed
	HIV/AIDS prevention Workshop	Closed
Medical	National Sports Medicine Training Workshop on the K-Taping Pro methods.	Closed
Women	Women in Sport Governance Programme	Closed
Olympafrica	Renovation of the centre.	Closed
	2015 Olympafrica Sports holiday programmes	Closed
	Iba Mbaye Scholarship	Closed
Environment	Environmental Sustainability in Sport	Closed
Capacity Building		
	Sports Law training Program	Closed
	Sport Administrators Course (3)	Closed
	Advanced Sports Management Course (1)	On going
	ICECP – International Coaching Enrichment Certificate Program	On going
	MEMOS (1)	Closed
	CPA – Certified Public Accountant Course	On going
	International Conference on Historical and Contemporary issues on Olympic Studies	Closed
Athletes' and Coaches' Development		
	Team Support Grant – Basketball Women	Pending
	RIO 2016 Scholarships	On going
	Continental Athlete Support Grant	Closed
	Technical Courses for Coaches for Table Tennis and Boxing	Table Tennis Closed and Boxing Pending

Source: Uganda Olympic Committee/IOC NocNet

UOC Commissions

2015 witnessed an unprecedented number of programs and activities undertaken by the UOC commissions. These included the following:

1. Culture and Olympic Education Commission

Believing that the goal of the Olympic Movement is to contribute to building a peaceful and better world by educating youth through Sport practiced in accordance with Olympism and its values, the Uganda Olympic Committee (UOC) through its Culture and Olympic Education Commission as well as its' National Olympic Academy programmes has carried out a number of projects;

Olympic Values Literacy Initiative 2015

This included the following activities :

Olympic Values Literature Contest | Olympic Values Art & Sport Contest | Olympic Values Junior Debate Championships | Olympic Values Debate Championship | National Symposium on Olympic Values.

London 2012 Marathon Olympic Gold medalist Stephen Kiprotich shared his experience about Olympic Values at the Olympic Games at the Symposium on Olympic Values as held on Saturday, 07 March 2015 at GEMS Cambridge International School Kampala.



National Scout Jamboree

This included the youth scout forum at the Kaazi National Scout camp and it had a massive attendance as presented in the table.

Impact	Scouts/ Individuals (By Age Category)		
	Children (13 & Under)	Teenagers (14 – 21)	Youth (22 – 25)
Uganda Scout Jamboree	2,900	7,500	1,850
Youth Scout Forum		278	104
Total	2,900	7,778	1,954
	12,632		

Source Uganda Olympic Committee.



Euro-film festival

A documentary about the legendary Olympic Gold Medalist John Aki Bua was showcased at the HUB. We celebrated the life of John Aki Bua. On the same day, we launched the Olympians Association headed by Mr. Ganzi Mugula.



2. Sport for All Commission

The Sport for All Commission organized a series of activities/Projects in the year 2015 and these included:

The Together for HIV and AIDS Prevention, a Community Sports Initiative

This included the National Training Seminar for Coaches & Trainers and the National Training Seminar for Athletes & Olympians In a bid to engage the Coaches , Trainers , youth and Athletes at the centre of fighting against HIV/AIDS through using Sport,



Participation in the Kampala Diabetes Walk

The Commission in conjunction with SUGAR CUBES Uganda participated in the annual Kampala Diabetes Walk on 7th November 2015. The walk aimed at creating awareness on type 1 juvenile diabetes in Uganda.



The Fitness week 2015: Sport for Health Initiative

This camp gain was carried out in Eastern Northern Uganda and Central Uganda. Mission accomplished, the Fitness Week 2015, over 2,000 people of all categories appreciated the message that the role of Olympism is to place Sport at the service of harmonious development of humankind in such a way that the practice of Sport plays a significant role in combating non-communicable diseases (diabetes, Cancer, hypertension and others) plus other conditions such as ageing, mental stress etc.



International Olympic Day Celebration:

This is an annual event which the NOC organizes through the Sport for All commission, The 2015 Olympic day Celebration was a success having big numbers in attendance, and this was celebrated at Gayaza High School



3. The Sport and Environment Commission

The Sport and Environment workshop 2015 at Sheraton Hotel 06th – 08th July for the tool kit development and 16th – 17th July 2015 for the presentation of the tool kit to the different stake holders, athletes and all sports administrators that made it to the workshop.



The greatest achievement of this Initiative is the fact the we now have a toolkit containing relevant information on the role of Enviromental Sustainability, as well as possessing tools which can be used to sensitize the Sports community on its' responsibility in environmental sustainability, as well as furnishing the Sports bodies with tools for educating their respective fans base, Athletes, Coaches and Sports administrators on responding to climate change.

The Sport and Environment workshop participation by gender and institution:

Gender Participation		
Activity	Male	Female
01	12	03
02	64	31
03	Over 6,000	Over 4,500
Institution Participation		
Schools	Federations	Government Agencies /NGOs
10	18	06

The Sport and Environment workshop activities and dates:

SN	Activity / Venue	Date
01	Technical Development Seminar of the Toolkit on 'Sustainable Sport & Environment' Sheraton Kampala Hotel, Kampala (U)	Mon 06 July – Wed 08 July 2015
02	Training of Ambassadors Sheraton Kampala Hotel, Kampala (U)	Thu 16 July – Fri 17 July 2015
03	Campaigns – (All Africa Youth Weight Lifting Championships, Kampala Adventure Cycling , Kampala international Badminton Championships, Uganda Scouts Jamboree – Kaazi, Jinja sports Tourism Expo)	Mon 27 July – Sun 6 Sep2015



4. The Women and Sports Commission

The Uganda Olympic Committee Women in Sport Commission managed to conduct 3 activities at Sheraton Kampala Hotel with the objective of developing the 'White Paper on Empowering Women into Sport Leadership in Uganda.' The first 'Workshop for the Development of the White Paper on Empowering Women into Sport Leadership in Uganda' conducted on 12th – 14th August, 2015 at Sheraton Kampala Hotel laid the foundation the

paper's development. A technical team of 25 people mainly from the academia and current sports leaders attended the workshop. The second activity was the 'National Workshop on Empowering Women into Sport Governance' which took place on the 21st of August, 2015. The workshop was attended by 75 participants who mainly were sports coaches, officials, and administrators from national federations and institutions of learning. The participants discussed and made recommendations to the white paper. The last activity was the 'National Conference on Gender Equity

and the Empowerment of Women into the Governance of Sport and the Olympic Movement' held on 5th September, 2015. The workshop was attended 110 current and retired sports women and men who also contributed to the development of the paper. The white paper was successfully developed and is soon to be distributed to stakeholders. The Commission was able to open up a Facebook account; UOC Women in Sport Commission <https://www.facebook.com/groups/875321552553875/>, currently it has 324 members.

Three members; Ms. Hadija Namanda, Ms. Immaculate Nalwadda and Ms. Allen Nekesa represented the Commission at the Gayaza High School Career Day on 27th June, 2015. The Commission Chairperson represented the Commission at the ANOCA Zone V Women and Sports Forum which was held on 8th – 9th October, 2015 in Dar es Salaam, Tanzania.

Based on the strategic objectives developed in the white paper, the Commission is currently developing a 2-year strategic plan that will inform its activities for 2016-2017. The Commission has drawn a tentative 5-activity calendar centered around the main identified themes that are key to the empowerment of women into sport leadership. Among others the activities will include; a women's Sports Administrator's Course, a women's leadership mentorship academy, women and girls skills development workshops.

“2015 has been a great year for UOC. We have had a lot of successful programmes and activities many of which were for developing the strategic plan, contribution to national sports federations, and technical courses support of coaches, capacity building and outreach tasks through the different commissions. We spent at least Shs. 1.9 billion to run all these tasks.”

William Blick President UOC



5. The Medical Commission

In 2015, the Medical Commission was at the fore front of protecting the health of Uganda's athletes. The UOC launched an offensive to tackle some of the medical challenges facing our Ugandan sports society during the year. With Support from the International Olympic Committee and the Olympic Solidarity, Uganda saw two more sports doctors graduate in a sports medicine course for sports physicians from Lausanne-Switzerland (Dr Aya Nakitanda and Dr Nana Nakiddu) thereby adding to a pool of sports doctors in Uganda. Still in the

light of capacity building for sports medicine, a Canadian Certified K-Tape trainer and the Chief Physiotherapist of the Canadian Olympic team-Ms Lois Pohlod was invited to pass on her skills and eventually 60 physiotherapists (36 males and 24 females) across all federations were trained in November 2015. The Agha Khan University Teaching Hospital continued to offer free medical examination and screening for elite athletes and a subsidized rate for other non-elite athletes.

The UOC was very critical in the fight against doping and drug use in sports in 2015. Athletes were tested both on the

field of play (In-Competition tests) and off the field of play (Out of Competition tests). The UOC also strengthened its anti-doping education initiatives where athletes were engaged and taught about the dangers and consequences of doping. Capacity building for anti-doping was also a priority in 2015 which saw a lawyer and UOC's Secretary General, Dr. Donald Rukare train to serve on the Africa Regional Anti-Doping Organization (Africa RADO Zone V) Results Management Committee which sits in Nairobi.

6. Legal Commission

The legal commission provides legal advise and support to the UOC. For example preparing MOUs (UNAIDS, Uganda Police, GEMS Cambridge International Kampala, Uganda Scouts and Gayaza High School), partnerships and legal advise and support to member federations.

7. Merit and Awards Commission

The Merits and Awards commission makes recommendations for awards such as IOC trophy and Women & Sports Commission trophy. This year the Commission will be presenting various nominees for the various awards at the UOC Annual Dinner 2016.



▲ IGP Gen, Kale Kayihura signs MoU with UOC President William Blick.

Olympic Solidarity Financial Support to Commission Activities in 2015

Commission	Amount
1. Sport for All	USD 50,000
2. Women and Sports	USD 20,000
3. Medical Commission	USD 20,000
4. Culture. Legacy and Education	USD30,000
5. Capacity building programs	USD 50,000
6. Sports and Environment	USD 20,000
7. Continental Support program	USD 100,000
8. Rio Scholarship program	USD 51,000

Source: UOC 2015/Olympic Solidarity 2015



▲ UNAIDS Country Director Musa Ahmed Bungudu signs MoU with UOC President William Blick.

UOC Strategic Plan 2015-2020

The UOC strategic Plan 2015-2020 has been finalized with the assistance of sports management consultant Robert Mutsauki. The strategic plan was developed in a highly participatory manner with the involvement of all key stakeholders of the UOC. A three day strategic planning workshop was attended by over 45 participants 24-26 October 2015. The plan will be presented to the UOC AGM for approval in 2016.



Interaction with national federations/associations

We were able to attend a number of activities organized by various national federations/associations like the Federation of Basketball Association's and Federation of Football Associations of Uganda (FUFA) annual gala awards dinner and the Uganda Swimming Federation swimming championships during the year including a FINA Coaches Clinic.

The Uganda Swimming Federation (USF) held the inaugural CANA Zone 3 Swimming Championships in Kampala, 11-13 December 2015 with four visiting teams (Rwanda, Djibouti, Tanzania and South Africa). Uganda won the event. The Uganda Boxing Federation with support from the Olympic Solidarity (OS) held a technical coaches certification course with an

AIBA instructor. This will enable UBF to have qualified and recognized coaches.

Collaborative links

In 2015 UOC continued to deepen its collaborative links with a number of strategic partners and these include with:

- (1) Sheraton Kampala Hotel
- (2) GEMS international schools
- (3) Athletes World Foundation
- (4) The MoU with Uganda Police was signed in which land was leased to the UOC on which it intends to construct a modern sports complex and
- (5) An MOU with UNAIDS was signed.
- (6) Contact has been made with the UN High Commissioner for Refugees in which UOC and UNHCR will work together to roll out sport related programs in support of refugees in Uganda.

‘Adoption of the UOC Strategic Plan is transformational and the challenge we have is to ensure that we implement it, it must be a living strategy.’

Dr. Donald Rukare UOC Secretary General

Participation in international activities

During the year we have taken part in a number of international activities which included;

- A. The UOC Secretary General Dr. Donald Rukare paid a courtesy call on the IOC in Lausanne where he met with Mr. Miro, Mr. Poivey and Ms. Joanna Graves. He briefed them on the current developments in the sports arena in Uganda especially as regard the registration of national federations by the National Council of Sports.
- B. The Rio 2016 Chef de Mission Ambrose Tashobya attended the Chef De Missions meeting in Rio. During the meeting updates on preparation for the Rio games were presented.
- C. The UOC President Mr. William Blick attended the Commonwealth Games Federation Assembly in Auckland Zealand in September 2015.
- D. The UOC Secretary General Dr. Donald Rukare attended the ANOCA Secretary Generals Assembly in Maseru Botswana 4-7 October 2015.
- E. The President Mr. William Blick and Secretary General Dr. Donald Rukare attended the ANOC General Assembly in Washington DC 27-30 October 2015. During the General Assembly the OS noted the commendable progress UOC had made over the last two years and revealed that it was considered as one of the best performing NOC in Africa. Several African NOCs were referred to UOC to learn from what is being done especially in regard to (1) UOC restructuring process (2) development of a strategic plan (3) production of an annual report and (4) vibrant commission activities.
- F. Mr. Ganzi Mugula UOC executive committee member/athletes representative attended the 1st African Athletes Forum 3-5 October 2015 in Marrakech Morocco.
- G. The Assistant Secretary Mr. Dunstan Nsubuga and executive Committee member Mr. Sadik Nasiwu attended the Islamic Sports Federation general assembly in Baku 4-7 November 2015.
- H. The Rio 2016 Chef De Mission Mr. Ambrose Tashobya and Team Manager Mr. Cedric Babu attended a preparation forum organized by the Olympic Solidarity in Gaborone Botswana 7-9 November 2015.
- I. The President UOC Mr. William Blick and Sports Program Director Mr. Lawrence Kavuma attended the ANOCA General Assembly and Commonwealth Games Federation eQUIP program in Mauritius 27-30 November 2015
- J. The UOC Secretary General Dr. Donald Rukare attended, The International Conference on Historical and Contemporary Issues in Olympic Studies 30 November to 3 December 2015. He presented a paper the said conference that focused on the management of the UOC.
- K. Dr. Donald Rukare, UOC Secretary General was appointed an arbitrator to the International Court of Arbitration for Sport (CAS). He is the first East African to be appointed .



▲ L-R: IOC Director General, Christophe De Kepper, UOC Secretary General Donald Rukare, IOC President Thomas Bach and UOC President William Blick.

Preparations for international games.

2015 was a very busy year with several competitions on the calendar. To this end Team Uganda participated in the Youth Commonwealth Games 2015 held in Samoa. A total of 2 medals were won at the games. Preparations for and participation in the RIO 2016 Olympic Games will be the key focus in 2016.

In terms of Rio 2016, we are looking at:

Athletics: has 8 athletes already qualified for Rio (4 men, 1 woman for marathon, 2 10km that is qualified athletes are; Stephen Kiprotich, Solomon Munyo Mutai, Jackson Kiprop, Abraham Kiplimo, Alex Chesakit, Adero Nyakisi-Marathon; Joshua Cheptegei, Timothy Toroitich and Moses Kibet- 10000m. Athletics is targeting to have 18 athletes qualify in 5000m, 1500m, 800m, 400m and step chase. Qualification events include the African Senior Championship Durban 2016, University Championships 2016, African Cross Country Championships Yaoundé Cameroun and the World Junior Championships.

Swimming: Jamila Lunkuse and Joshua Ekirikubinza who have recently attended the FINA World Swimming Championship which was a Rio qualification event in

Kazan Russia and were intending to attend some more qualification events for Rio.

Weightlifting: Charles Sekyaaya in Colorado Springs training hard and is planning to attend qualification events in 2016.

Badminton: Ekiring is ranked 1 in Africa and 87 in the world. He needs to stay in the top 100 in the world to qualify for Rio. Shamin Bangi is out of the qualification race.

Tennis: Duncan Mugabe is participating in several events in a bid to qualify.

Basketball: Both the men's and women's teams have failed to qualify for Rio 2016.

Cycling: Cyclists would be participating in the African Championships in February 2016 in a bid to qualify for Rio 2016. A UK based track cyclist was also seeking qualification.

Rowing: has rowers who are training hard and competing in the upcoming Championships in 2016 with a view to qualify for Rio.

Archery has a qualification event in Denmark next year and is struggling to raise funds for the equipment which is rather expensive.



Uganda Team at the Parade of Nations, London 2012 Olympic Games

“At London 2012, we had 16 participants. Our target for Rio is 30 athletes representing Uganda. We are also on a programme to translate the IOC HIV/Aids prevention manual into as many local languages as possible.”

Mr. William Blick UOC President

Capacity building

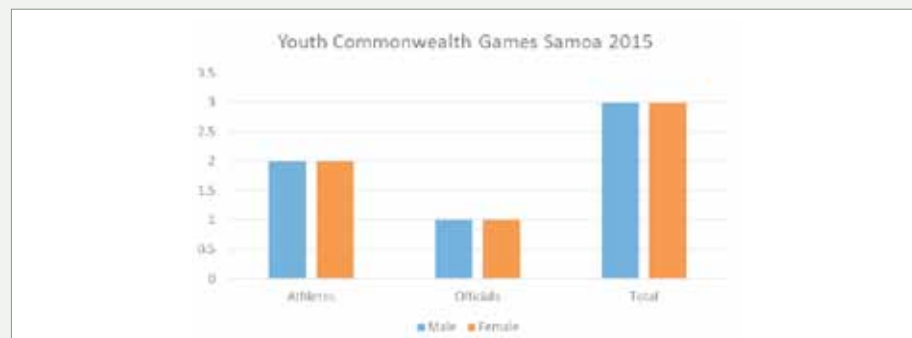


Statistics of the 2015 Games

Youth Commonwealth Games Samoa

	Male	Female
Athletes	2	2
Officials	1	1
Total	3	3

Graphical Analysis



Deepening and enhancing the skills and knowledge of our sports administrators was one of the major undertaking during 2015. To this end we were able to do the following in this respect:

- i. **The 2nd Advanced Sports Management Course** with 38 participants was concluded under the supervision of UOC sport director Mr. Lawrence Kavuma.
- ii. **The graduation** of over 140 individuals who obtained Masters, Diplomas and sports administrator's certificates in 2015 is to take place in April 2016. This will be the second graduation ceremony held by UOC.
- iii. The Secretary General of the UOC, Dr. Donald Rukare successfully completed the **MEMOS XVII program** and graduated with an Executive Masters in Sports Management and Organizations (with Distinction).
- iv. Mr. Isma Iga of the Culture and Education Commission was admitted for a **Diploma in sports management course** at Leipzig University in Germany and will be attending this October 2015 to

January 2016.

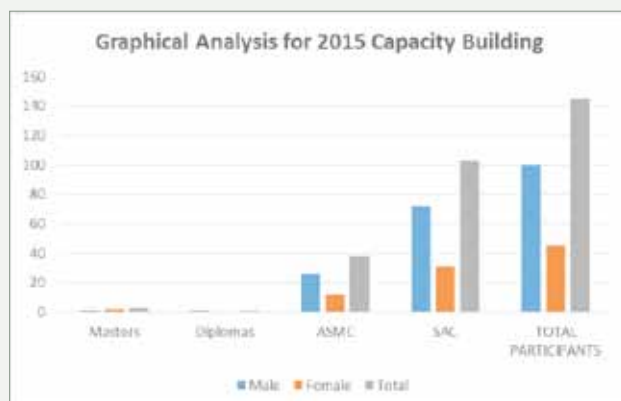
- v. **A sports administrator's course** was held in Gulu and Mbale (as illustrated below) as part of the UOC objective to spread its programs across the country. It attended by about 35 participants.
- vi. UOC has informed its affiliates of the **M.A. in Olympic Studies**, organized with the support of the IOC, is a 2-year part-time degree programme aimed at representatives from sport organizations such as National Olympic Committees, International and National Sport Federations, Organizing Committees and Applicant Cities. Some affiliates have indicated interest in applying for this program.
- vii. **The UOC intern Program.** During 2015 we took on three interns under the UOC internship program. The three interns from Kyambogo University spent 4 months with the UOC and were exposed to the various facets of sports management and organization.

Capacity building continued



Conclusion

All in all 2015 was a very active and busy year for the UOC. We look forward to 2016, most especially in specific regard to implementing our strategic plan and participation in the Rio 2016 Olympic Games. The UOC secretariat and executive committee remain firmly committed to serving the UOC federations/associations and realizing our vision of becoming the best sport's governing body in Africa through championing excellence in governance, service delivery, sustainability and sport performance by 2024.



Statistical Analysis of UOC Capacity Building Programs

Level of Education	Male	Female	Total
Masters	1	2	3
Diplomas	1	0	1
ASMC	26	12	38
SAC			
Kampala	30	6	36
Gulu	11	6	17
Mbale	31	19	50
SAC Total	72	31	103
GRAND TOTAL	100	45	145

Annex A. UOC 2016 Calendar

UGANDA OLYMPIC COMMITTEE 2016 CALENDAR

2016 is going to be an active year with the Rio 2016 Olympics taking center stage. In addition most sporting codes will hold their World Championships. A copy of the calendar is in annex 3.

MONTH	ACTIVITY	VENUE	DATES	Who is responsible?	Budget
JANUARY	1. UOC Executive Committee Meeting	UOC offices	29 January	SG- Secretariat	Operational budget
	2. UOC Secretariat weekly meeting	UOC offices	4,11,18,25 January	SG- Secretariat	NIL
	3. UOC 2015 Annual Gala Awards Dinner	Sheraton Hotel Kampala	tbc	President/SG/Secretariat	To be costed
FEBRUARY	4. UOC Executive Committee Meeting	UOC offices	26 February	SG- Secretariat	Operational budget
	5. UOC Secretariat weekly meeting	UOC offices	1,8,15,22,29 February	SG- Secretariat	NIL
	6. Meeting with members of Commissions	UOC offices	20 February	SG Secretariat	Operational budget
	7. Visit to Saudi Arabia Olympic Committee	Riyadh	tbx	UOC	Tickets and per diem for 3 people for 5 days
	8. UOC Annual General Meeting	UOC offices	6 February	SG – Secretariat	To be costed
	9. Sports for All Commission Activity	TBC	TBC	Chair of Commission	Project budget
MARCH	10. UOC Executive Committee Meeting	UOC offices	25 March		
	11. UOC Secretariat weekly meeting	UOC offices	7,14,21,28March		
	12. UOC Council meeting	UOC offices	26 March	SG Secretariat	To be costed
	13. IOC/UOC Sports law program	UOC offices	tbc	SG-secretariat	To be costed
APRIL	14. UOC Executive Committee Meeting	UOC offices	29 April	SG Secretariat	To be Costed
	15. UOC Secretariat weekly meeting	UOC offices	4,11,18,25 April	SG- Secretariat	To be costed
	16. Women and Sports Commission	UOC offices	tbc	Chair of Commission	Project budget
MAY	17. UOC Executive Committee Meeting	UOC offices	27 May	SG- Secretariat	
	18. UOC Secretariat weekly meeting	UOC offices	2,9,16,23,30	SG-Secretariat	To be costed
	19. Sport and Environment Commission Activity	TBC	TBC	Chair of commission	Project budget
JUNE	20. UOC Executive Committee meeting	UOC offices	24 June	SG- Secretariat	
	21. UOC secretariat weekly meetings	UOC offices	6,13,20,27	SG- Secretariat	
	22. 5 th Administrators Course	UOC offices	TBC	Sports Director	Project budget
	23. 2015 Olympic Day Celebrations	Various places	tbc	Chair of Commission	Project budget
	24. Meeting with commissions	UOC offices	18 June	SG – secretariat	To be costed
	25. UOC council meeting	UOC offices	25 June	SG – Secretariat	To be costed
JULY	26. UOC Executive Committee meeting	UOC offices	29 July	SG- Secretariat	
	27. UOC secretariat weekly meetings	UOC offices	4,11,18,25	SG- Secretariat	

MONTH	ACTIVITY	VENUE	DATES	Who is responsible?	Budget
AUGUST	28. UOC Executive Committee meeting	UOC offices	26 August	SG- Secretariat	
	29. UOC secretariat weekly meetings	UOC offices	1,8,15,22,29	SG- Secretariat	
	30. Rio 2016 Olympic Games	Rio	1-23 August	UOC/IOC/OG	To be costed
SEPTEMBER	31. UOC Executive Committee meeting	UOC offices	30 September	SG- Secretariat	
	32. UOC secretariat weekly meetings	UOC offices	5,12,19,26	SG- Secretariat	
	33. ANOCA General Assembly		TBC	President/SG	2 tickets 7 days accommodation 7 days per diem
	34. Commonwealth Games Federation Assembly		tbc	President/ SG	Accommodation 7 days for 2 Per diem 2 pple 7days, 1 air ticket
	35. Meeting with commissions	UOC offices	17 September	SG- Secretariat	
	36. UOC council meeting	UOC offices	24 September	SG- Secretariat SG-Secretariat	
OCTOBER	37. UOC Executive Committee meeting	UOC offices	28 October	SG- Secretariat	
	38. UOC secretariat weekly meetings	UOC offices	3,10,17,24,31	SG- Secretariat	
	39. 32 nd ANOCA Secretaries Generals Forum	Sao Tome	tbc	SG and Asst Gen	Per diem for 2 pple Accommodation for 1 person 1 ticket for assi. gen
	40. ANOC General Assembly	Doha	Tbc	President/SG	Airticket and per diem for 5 days for one person
NOVEMBER	41. UOC Executive Committee meeting	UOC offices	25November	SG- Secretariat	
	42. UOC secretariat weekly meetings	UOC offices	7,14,21,28	SG- Secretariat	
	43. UOC planning and budget meeting	UOC offices	19-20	SG- Secretariat	
	44. Meeting with commissions	UOC offices	18 November	SG- Secretariat	
DECEMBER	45. UOC Executive Committee meeting	UOC offices	16 December	SG- Secretariat	
	46. UOC secretariat weekly meetings	UOC offices	5,12,19	SG- Secretariat	
	47. 5 th Administrators Curse	UOC offices	tbc	Sports Director- secretariat	Project budget
	48. UOC council meeting	UOC offices	17 December	SG- Secretariat	
	49. Annual Press Conference	UOC offices	TBC	President /SG/Chair of Media Commission	.
	50. End of Year Dinner and Awards	TBD	20 December (tbd)	President/SG/Secretariat	To be costed

Annex B. 2015 UOC Membership

No.		Federation	Name	Contact	Official Email
1.	Archery	Uganda Archery Federation	Mr. Richard Mcbond ASIIMWE	0772-460600	archery@nocuganda.org
			Dr. Robert ZAVUGA	0772-655723	drzavuga@gmail.com
					drzavuga@yahoo.com
					c4bond@gmail.com
2.	Athletics	Uganda Athletics Federation	Mr. Domenic OTUCET	0774-175440	athletics@nocuganda.org
			Ms. Beatrice AYIKORU	0772-445994	dotucet@yahoo.com
					uga@mf.iaaf.org
					masaba_timothy@yahoo.com
3.	Badminton	Uganda Badminton Association	Mr. Oscar KAMBONA	0774-978706	badminton@nocuganda.org
			Mr. Eric BYARUGABA		okambona@kaa.co.ug
					smugabi2014@gmail.com
4.	Basketball	Federation of Uganda Basketball Association	Mr. Ambrose TASHOBYA	0772-867888	basketball@nocuganda.org
			Mr. Nasser SERUNJOGI	0705-555033	atashobyas@icloud.com
					patoogwela@yahoo.co.uk
					0758-345601
5.	Boxing	Uganda Boxing Federation	Mr. Kenneth GIMUGU	0754-636843	boxing@nocuganda.org
			Mr. Simon BARIGO	0772-473798	barigosimon@gmail.com
					Ken.dtm@aol.com
					ugboxing@gmail.com
6.	Canoe	Uganda Canoe/Kayak Federation	Mr. Ronald MUTEBI	0772-373643	canoe@nocuganda.org
			Mr. Isima IGA	0711-611546	mutronnie77@gmail.com
					iiga@cns.mak.ac.ug
7.	Cycling	Uganda Cycling Association	Mr. Sam MUWONGE	0751-650033	cycling@nocuganda.org
			Mr. Fred MAISO		ucacyclists@yahoo.com
8.	Football	Federation of Uganda Football Association	Mr. Moses MAGOOGO		fufa@nocuganda.org
			Mr. Edgar WATSON	0772-408661	fufaf@yahoo.com
					fufaf@yahoo.com
					admin@fufa.co.ug

No.		Federation	Name	Contact	Official Email
9.	Handball	Uganda Handball Federation	Ms. Sheila Richardson AGONZIBWE	0772-414347	handball@nocuganda.org
			Ms. Sauda BABIRYE	0788-808904	internationalfarms@yahoo.com babiryesauda@hotmail.com
10.	Hockey	Uganda Hockey Federation	Mr. Dunstan NSUBUGA	0772-520983	hockey@nocuganda.org
			Mr. Phillip WAFULA	0759-004012	dunstannsubuga@gmail.com philipwafula@yahoo.com
11.	Lawn Tennis	Uganda Lawn Tennis Association	Mr. Cedric BABU	0785-619344	lawntennis@nocuganda.org cedric@kmgafrika.com dime@africaonline.co.ug
12.	Rowing	Uganda Rowing Federation	Mr. Hamza KAHWA	0772-640766	rowing@nocuganda.org
			Mr. Fharuk BALUKU	0703-487818	kahwa01@gmail.com
13.	Rugby	Uganda Rugby Union	Mr. Andrew OWOR		rugby@nocuganda.org president@ugandarugby.com urupresident@outlook.com
			Mr. Michael WANDERA	0702-381331	info@ugandarugby.com michaelnwandera@gmail.com y.kasasa@gmail.com
14.	Shooting	Uganda Shooting Federation	Mr. Michael MUNGOMA	0772-510526	shooting@nocuganda.org
			Mr. Gabriel OLOKA	0782-537010	gabriel.oloka@yahoo.com anniemungoma@yahoo.com
15.	Swimming	Uganda Swimming Federation	Dr Donald RUKARE	0772-744500	swimming@nocuganda.org
			Mr. Moses MWASE	0752-507082	drukare@hotmail.com themwase@gmail.com mmwase@ugandaswimming.org ganzi.mugula@gmail.com
16.	Table Tennis	Uganda Table Tennis Association	Mr. Robert JAGGWE	0775-846408 0702-846408	tabletennis@nocuganda.org
			Ms. Monica KISAKYE	0772-631773	utta-executive@googlegroups.com

No.		Federation	Name	Contact	Official Email
17.	Taekwondo	Uganda Taekwondo Federation	Mr. Amatos MWEBEHA	0776-360762	utf@nocuganda.org
			Ms. Judith AWUCHO	0777-077721	amatosm@gmail.com info@ugtkdf.com
18.	Volleyball	Uganda Volleyball Federation	Mr. Sadik NASIWU	0772-453802	uvf@nocuganda.org
			Ms. Jocelyn ACHAN		ugvolley@hotmail.com snasiwu@hotmail.com
19.	Weightlifting	Uganda Weightlifting Federation	Mr. Salim SSEKUNGU	0702-722585	uwf@nocuganda.org
			Mr. Nasif KALUNGI	0712-810613	smssenkungu@yahoo.com smssenkungu@gmail.com kalunginasi7@yahoo.com
20.	Wrestling	Uganda Wrestling Federation	Mr. Salim SSEKUNGU	0702-722585	wrestling@nocuganda.org
					smssenkungu@yahoo.com smssenkungu@gmail.com
			Mr. Tom SENFUMA		tbsefuma@gmail.com
21	Fencing	Uganda Fencing Federation	Mr. Gabriel OLOKA	0782-537010	gabriel.oloka@yahoo.com
				0783-510901	fencing@nocuganda.org
22	Gymnastics	Uganda Gymnastics Federation	Mr. Fharuk BALUKU	0703-487818	gymnastics@nocuganda.org Baluku2012@gmail.com

Annex C. UOC Commission Members

Various commissions were constituted as outlined below to assist achieve the objectives of the UOC. We are very thankful to all those commission that have been active through self-motivation and ensured that they played the role entrusted to them.

1. Athletes Commission – Mr. Ganzi Mugula
2. Culture and Olympic Education – Mr. Gabriel Oloka
3. Finance Commission – Mr. Sadik Nasiwu
4. Medical Commission – Dr. Robert Zavuga
5. Legal and Judiciary Commission – Mr. Moses Mwase
6. Marketing Commission – Ms. Norah Nasimbwa
7. Merit and Awards Commission – Donald Rukare, Domenic Otucet
8. Sports for All – Mr. Hamza Kahwa
9. Sport and Environment – Mr. Asiimwe Richard Mcbond
10. Talent Identification – Mr. Kasasa Yayiro
10. Media Commission – Mr. Ahmed Hussein Marsha
11. Women and Sport Commission – Ms. Annet Nakamya

International Postings

William Blick - Common Wealth Games Federation Executive Board Advisor, Marketing.

Donald Rukare - FINA Bureau Member Vice President CANA, (African Swimming Federation), President CANA Zone 3, Arbitrator International Court of Arbitration for Sports (CAS)

Gabial Oloka - Treasurer Zone 5 ANOCA

Sadik Nasiwu - Member of FIVB Audit Committee

Salim Musoke- Vice President African Weightlifting Federation) Executive Board Member ISSF, Executive Board Member Commonwealth Weightlifting Federation, Executive Board Member Afro-Asian Weightlifting Federation, Chairman-Coaching & Research Commission Africa Weightlifting Federation, International Weightlifting Referee Category 1.

Hamza Khawa - Vice President African Rowing Federation

Simon Peter Komakech - Committee Member World Taekwondo Federation

Beatrice Ayikoru - AAF Committee Cross Country

Robert Zavuga - Member of the Medical and Anti doping Commission(Therapeutic USE Exception Sub Committee of the International Council for Military Sports (CISM) Committee

James Sekajugo - FIFA Medical CommitteeCAF Medical CommitteeFIFA Referee Committee

Tom Kiggundu- Presidential Advisor on ITTF and ATTF AffairsMember, African Table Tennis FederationMember, International Table Tennis Federation

Hadijah Namanda-First Female Volleyball International Referee in SubSaharanAFRICA

Annex F. Income and Expenditure Statement for the Period 1st January to 31 December 2015

INCOME AND EXPENDITURE ACCOUNT

Note	2015	2014
	Shs'000	Shs'000
Income	1,656,875	1,275,608
Other income	-	-
Total income	1,656,875	1,275,608
Administrative expenses	(1,697,020)	(1,173,429)
Other operating expenses	(18,528)	(39,393)
Operating (deficit)/ surplus before finance costs	(58,673)	62,786
Finance costs	-	-
Net (deficit) / surplus	(58,673)	62,786

FUND BALANCE

	2015	2014
	Shs'000	Shs'000
Fund balance	30,226	94,878
	30,226	94,878

Represented by: Current assets

	2015	2014
	Shs'000	Shs'000
Cash and bank balances	30,226	87,228
	-	7,650
	30,226	94,878

UOC in pictures







Mission

To act as an agent of the International Olympic Committee and Commonwealth Games Federation in Uganda to uphold and promote Olympic and Commonwealth ideals to its affiliates and stakeholders by providing support, guiding policy and delivering programmes through its organs and structures.

Vision of the Olympic Movement



Olympism is a philosophy of life, which places sport at the service of humankind.

VISION	Building a better world through sport			
VALUES	Excellence	Respect	Friendship	
MISSIONS	• Ensure the uniqueness and the regular celebration of the Olympic Games • Put athletes at the heart of the Olympic Movement • Promote sport and the Olympic values in society, with a focus on young people			
WORKING PRINCIPLES	Universality and Solidarity	Unity in Diversity	Autonomy and Good Governance	Sustainability



INTERNATIONAL
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Website: www.wada-ama.org



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Youtube: [Uganda Olympic Committee](https://www.youtube.com/user/UgandaOlympicCommittee) | Website: www.nocuganda.org